

Course Syllabus

Franklin High School

2020-2021

<u>DIRECTIONS</u>: For each course, complete the syllabus and share with your evaluating/supervising administrator as a pdf ("File-download-PDF document") <u>by 9/21/20</u>. Syllabi will be posted on the FHS website under your name for the public to view.

Course Overview	
NOTE: For core classes, all elements of this section (except for name and contact information) are the same.	
Course Title: Physical Ed. and Adv.P.E.	
Instructor Name: Darrell Moore, Lisa Feuz & Mandy	Contact Info:503-916-5140
Weaver	dmoore@pps.net, lfeuz@pps.net,
	mweaver2@pps.net
Grade Level(s):9-12	
Credit Type: (i.e. "science", "elective")	# of credits per semester: .05
Prerequisites (if applicable): None: for Physical Ed.	
9th grade P.E. for Adv P.E.	

General Course Description:

This health-promoting class will expose you to a variety of lifetime physical fitness activities. This class will provide an excellent opportunity for you to start an exercise program, boost self-esteem, get in shape, and have fun!

<u>Prioritized</u> National/State Standards:

Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Course Details

Learning Expectations

Materials/Texts

Canvas and Loose fitting clothes

Course Content and Schedule:

Synched Classes - 10 points each class and will meet 2x a week. Must answer for roll or email me within 24 hours after class.

Differentiation/accessibility strategies and supports (TAG, ELL, SpEd, other):

Training will be individualized to fit students' needs.

Safety issues and requirements (if applicable): Digital citizenship

When outside be aware of your surroundings.



Classroom norms and expectations: Mute your mic when you enter, and when you are a listener. Actively listen while others are speaking, turn on your video if you feel comfortable, use the 'raise your hand' feature when you are ready to share and wait to be called on, participate on topic verbally or in the chat box.

Come with a good attitude and be ready to workout during synchronous and asynchronous time on your own.

Evidence of Course Completion

Assessment of Progress and Achievement:

Physical Education quiz, trivia, facts about sports.

Progress Reports/Report Cards (what a grade means): A-D you pass, F take the course over A=90% B=80% C=70% D=60%

Career Related Learning Experience (CRLEs) and Essential Skills: Lifelong health and happiness.

Communication with Parent/Guardian

What methods are used to communicate curriculum, successes, concerns, etc.? Canvas and email

Personal Statement and other needed info

Mission statement

Is to support all the students in achieving their very highest educational and personal potential. To inspire in them an enduring love for learning and to prepare them to contribute as citizens in their community.